
Instant Pot How To A Complete Collection Of Instant Pot Recipes

instant pot ip-duo user manual english - 3 important safeguards your instant pot® cooks with pressure. when using pressure cookers, basic safety precautions should always be followed. please read all instructions.

cooking time - instant pot - cooking time . as with conventional cooking, cooking with instant pot is full of personal choices, creativity, a lot of science and experimentation. **go-to garlic 'n herb shredded chicken recipe - hungry girl** - prep: 10 minutes go-to garlic 'n herb shredded chicken 1/6th of recipe (about 3/4 cup): 143 calories, 3g total fat (0.5g sat fat), 413mg sodium, 1g carbs,